## KC&E Kids Mountain Bike Camp



## **Details:**

Join us for a fun mountain bike camp put on by our partner KC&E Adventures! This camp helps riders develop selfconfidence on and off the bike!

## **2022 Summer Camp Days**

Mondays, Wednesdays, and Fridays

Session 1: \* 7/5, 7/6, 7/8 Session 2: 7/11, 7/13, 7/15 Session 3: 7/18, 7/20, 7/22 Session 4: 7/25, 7/27, 7/29

## 9:00am-3:00pm (ages 7-13)

\*First date is Tuesday 7/5 due to 4<sup>th</sup> of July holiday.

Participants need their own bike and helmet.

Please register direct with KC&E Adventures by following this link:

tinyurl.com/yyyjz5ha

Or visit: http://www.springcreekme.com



Empower your young rider to enjoy the outdoors and ride more confidently and safely.

Your child will be able to get outside and get moving in this program here at Spring Creek Farm in partnership with KC&E Adventures. The program fosters safe and confidence-inspiring experiences, on and off the bike. Regardless of prior mountain biking experience, campers will learn and improve upon skills such as braking, shifting, body positioning, and how to read the trail. Come adventure with us!

